

Summary of available medical guidelines for drivers

To all the medical officers attached to National Transport Medical Institute. Strict adherence to these guidelines will help to create uniformity of the medicals we issue.

Parameter	Heavy vehicles	Light vehicles	Three wheelers	Motorcycles
Minimum Age	21 years	17 years	17 years	17 years
Height	5'	4'8"	4'8"	4'8"
	If lower than the given height make a note of it where the fitness is given at the end of the medical, but can give medical fitness if all other parameters are satisfactory because DMT will do the modifications to the seat/vehicle if necessary			
Weight	41kg	36.5kg	36.5kg	36.5kg
	If lower than the given weight make a note of it where the fitness is given at the end of the medical, but can give medical fitness if all other parameters are satisfactory because DMT will do the modifications to the seat/vehicle if necessary			
Chest x ray	Asymptomatic at present valid for 1 year, otherwise only 6 months	NA	NA	NA
Blood Pressure	170/100 mmHg or below			
RBS	200 mg% or below			
FBS	140 mg% or below			
Murmurs	If they have an echo done may ask to bring and if it is normal and if the doctor is satisfied about the duration can give fitness. Otherwise refer to VP if within Colombo or to the local cardiologist/physician to assess fitness			
Hearing	Refer to the ENT surgeon in the local hospital if they are using a hearing aid or if a hearing defect is suspected (2015 ENT guidelines from the college is available and refer)			
Vision 6/9,6/12	May drive any category of vehicle			
With maximum correction 6/12 better eye, 6/12-6/36 worse eye	CONTRAINDICATED	Only after eye surgeons certification (<u>FOR NON COMMERCIAL DRIVING/</u> Not for hiring or to work as a driver)		
Monocular vision	CONTRAINDICATED	Only with modification if better eye is 6/9 and with eye surgeons approval Invalid category	CONTRAINDICATED	CONTRAINDICATED

Other eye conditions	Please refer to the vision guidelines produced by the college of eye surgeons
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Musculoskeletal system and other conditions

After examination of deformities if the individual doctor feels that the person can drive a certain vehicle, mention it and if further technical evaluation is needed mention that also and issue the medical under the **conditionally fit category**.

If there is any doubt please refer to the local orthopedic surgeon and decide.

A person with right lower limb below knee amputation with a functional prosthesis can drive a modified three-wheeler with break pedal shifted to L/S or an auto gear light vehicle with accelerator and breaks modified to be operated by hands or left lower limb or motorcycles <100cc (A1) hand operated under **invalid** category

A person with left lower limb below knee amputation with a functional prosthesis can drive a three-wheeler or an auto gear light vehicle or motorcycles <100cc (A1) hand operated under **invalid category**

A person with right lower limb below knee amputation with a functional prosthesis can drive a modified three-wheeler with brake pedal shifted to L/S or a auto gear light vehicle with accelerator and breaks modified to be operated by hands or left lower limb under invalid category

Other chronic illnesses such as stroke, psychiatric illness, epilepsy etc please send to the relevant specialist in the area.

Please make sure that you refer all the patients to the government consultants/specialists in your area to avoid the inconvenience to the clients